

DELIVERY WITHIN A 4 MILE RADIUS OF CARRINGTON, NOTTINGHAM

FREE DELIVERY WITHIN 2 MILES OR ON ORDERS OVER £15

OPEN: TUE – FRI 5PM – 9:30PM SAT & SUN, 12PM – 9:30PM

TEL: 0115 962 2813 www.braaiflavours.com

BRAAI FLAVOURS

taste the adventure



OPEN FIRE, SMOKED, GRILLED SOUTH AFRICAN, ZIMBABWEAN & VEGETARIAN TAKEAWAY & RESTAURANT



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MENU

All meals served with an option of **sweet potato chips OR sweet pepper brown rice OR Fresh Salad** and a choice of free fruit if you want to top up your 5 a day.

CHICKEN (marinated with Sumu Sauce and glazed on the char-grill) MEAL	STEAK (char-grilled to lock juices in & keep crispy on the outside) MEAL	BOEREWORS (char-grilled sizzling South African Beef Sausage) MEAL	VEGETARIAN (char-grilled butternut squash, courgette & halloumi cheese with distinct Sumu flavours) MEAL
Sumu Chicken Braai Wrap 4.95 5.95 Sumu Chicken Burger 4.95 5.95 Sumu Chicken Torpedo 4.95 5.95	Zambezi Ranch T-Steak Wrap 5.95 6.95 Zambezi Ranch T-Steak Burger 5.95 6.95 Zambezi Ranch T-Steak Torpedo 5.95 6.95	Boerewors Wrap 5.95 6.95 Boerewors Seeded Burger 5.95 6.95 Boerewors Torpedo Dog 5.95 6.95	Veggie Braai Wrap 5.95 6.95 Veggie Burger 5.95 6.95 Veggie Torpedo 5.95 6.95
			



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GREAT FOR 2 SHARING comes with sides of Salad, Sweet Potato Chips & Sweet Pepper Brown Rice OR FREE Sadza/Pap, Green Veggies & Sumu Relish.

Boerewors BRAAI & Zambezi Ranch Steak Combo - 14.95

Sumu Chicken & Boerewors BRAAI Combo - 13.95

Zambezi Ranch Steak & Sumu Chicken BRAAI Combo - 13.95

BRAAI PLATTERS SERVED WITH Sunshine Fresh Salads, Rice and Sweet Potato Chips OR FREE Sadza/Pap, Green Veggies & Sumu Relish.
(Platter serves 3-4 people)



Zambezi Ranch T-Steak Platter 19.99
 Boerewors Platter 19.99
 Sumu Chicken Braai Platter 19.99
 Veggie Braai Platter 19.99
 Mixed Platter 19.99
 (Each Platter contains 3 whole portions of meats or Veggies)



SOUTH AFRICA & ZIMBABWEAN

COLD DRINKS - 1.49

SCHWEPPE'S Granadilla Twist 330mls
SCHWEPPE'S LEMON Twist 330mls
Sparletta Sparberry 330mls
Sparletta Cream Soda 330mls
STONEY Ginger Beer 330mls
Fanta Grape Flavoured 330mls
Iron Brew 330mls

OTHER COLD DRINKS

Water Still 500mls 1.00
Sparkling 500mls 1.00
Coke 330mls 0.80
Diet 330mls 0.80
Sprite 330mls 0.80

BRAAI FLAVOURS SAUCES

Sumu Chilli Sauce 150ml - 1.99
Sumu BRAAI Sauce 150ml - 1.99

ALLERGENS ADVICE & WARNING

Always check the product's label for something such as 'May contain: nuts, milk'. These warnings should always be taken seriously.

We recommend you look at ingredients on the menu or Please ask a member of staff for any food intolerances.

CHEESE BURGERS @ BRAAI

FLAVOURS

Boerewors & Caramelised Onion
Cheese Burger - 6.95
Zambezi Ranch T- Steak & Cheese
Burger - 6.95
Butternut & Halloumi Cheese
Burger - 6.95
Sumu Chicken & Cheese Burger -
5.95

JUST MEATS or VEGGIES

Zambezi Ranch T-Steak Lg. - 6.99

Boerewors BRAAI wheel Lg.- 6.99

Sumu Chicken BRAAI 1/4 - 4.99

Sumu Chicken BRAAI 1/2 - 6.99

VEGGIE BRAAI Tray Lg.- 6.99

(char-grilled Aubergines, butternut squash,
courgette & halloumi cheese with distinct
Sumu flavours)

FOR ONE MEALS (go half & half combo on the meats if you like at no extra cost)

Sumu Chicken Salad, sweet potato
chips & sweet pepper brown rice OR
with Sadza/Mealie Pap, Sumu Relish &
Green Veggies 7.45

Zambezi Ranch T-Steak Salad,
sweet potato chips & sweet pepper
brown rice OR with Sadza/Mealie Pap,
Sumu Relish & Green Veggies 7.99

Boerewors Braai Salad, sweet
potato chips & sweet pepper brown
rice OR with Sadza/Mealie Pap, Sumu
Relish & Green Veggies 7.99

Veggie Braai Salad, sweet potato
chips & pepper brown rice 7.99
(char-grilled Aubergines, butternut
squash, courgette & halloumi cheese with
distinct Sumu flavours)

REGULAR SIDES OPTIONS

SADZA/MEALIE PAP, SUMU RELISH
& GREEN VEGGIES 3.99



SWEET POTATO CHIPS 2.25



SUNSHINE FRESH SALAD (mango,
lettuce, sweet chilli coleslaw.) 1.99

SUCCULENT SUMU CHICKEN STRIPS
2.99

SWEET PEPPER BROWN RICE
2.55

BILTONG Original Plain 100g - 3.99

