



SPOUGES CAFÉ



BREAKFAST | UNTIL 11:30

The Anchor Full English 15

Owen Taylors Sausages, Streaky Bacon, Baked Mushroom, Tomato, Hash Brown, Baked Beans, Toast & Fried Egg

Heritage Tomatoes on Toast 8

Summer Tomatoes, Whipped Ricotta, Honey & Basil on Sourdough Toast (V)(VGA)

Eggs Benedict 10

Toasted English Muffin, Poached Free Range Egg, Streaky Bacon & Hollandaise

Smoked Salmon & Scrambled Eggs 11

John Ross Smoked Salmon, Scrambled Eggs & Thick Cut Toast

The McAnchor Muffin 13

Sausage Pattie, Cheddar, Grilled Bacon, Fried Egg & a Hash Brown, served with HP Sauce

Coconut Yoghurt & Granola 8

Coconut Yoghurt, Fresh Fruit, Granola & Honey (VGA)

The Vegan Stack 8

Roast Vine Tomatoes, Smashed Avocado, Field Mushrooms & Toasted Sourdough (VG)

Sausage or Bacon Cob 7

Streaky Bacon or Owen Taylors' Sausages

Bit of Both 9.5

Add A Fried Egg 1.5

Welbeck Toast & Tiptree Jam 4

HOT DRINKS

Espresso 3

Double Espresso 4

Americano 4

Cappuccino 4

Latte 4

Flat White 4

Cortado 4

Macchiato 4

Mocha 4.5

Hot Chocolate 5

English Breakfast Tea 3.5

Earl Grey Tea 3.5

Peppermint Tea 3.5

Green Tea 3.5

Red Berry Tea 3.5

Decaf Tea 3.5

COLD DRINKS

Ginger Ale 3.5

Coke 4

Diet Coke 3.8

Elderflower Lemonade 4.2

Raspberry Lemonade 4.2

Frobishers Juices 3.5

Appletiser 4

FRESH PASTRIES & SAVOURIES

Croissant 3

Pain au Chocolate 3.5

Pain au Raisin 4

Sausage Roll 3.5

Cake Slice 4

COFFEE & CAKE 7

Mix and Match any

Hot Drink with one of

Our Specialty Cakes!

Please make a member of staff aware of any allergies or intolerances when ordering.

A discretionary 10% service charge will be added to your bill