

Eden Hall Day Spa are thrilled to launch a brand new Clarins treatment – and love it so much it's their Treatment of the Month for March.

The perfect fit with the upcoming Sleep Awareness Week, the Beauty Sleep Wellness Treatment is the perfect remedy for those feeling exhausted and in need of a good night's rest.

Using slow, medium pressure massage from top to toe, and paying particular attention to the areas which promote sleep, you will feel rested, serene and prepared for the best night's slumber.

Appointment time 85 mins – £85 per person

Enjoy this new sleep remedy during March 2019 and receive a FREE gift worth £30.

Call the Reservations Team on 01636 525555 to find out more.

This treatment is subject to availability, some restrictions may apply. Offer can be withdrawn without prior notice. Treatment must be booked in conjunction with a full day experience or as part of Eden Hall's Simply Treatments offering and taken during March 2019.