

MADE FOR MEN SPA DAY

Eden Hall
DAY SPA

#EDENSPANOTS



£125 per person Monday to Friday
£135 per person Saturday and Sunday

As part of the day, you can immerse yourself in Eden Hall's award-winning facilities, which include the vitality pool, outdoor hot tubs, sauna and saunarium, the reviving rose infused steam room, herbal caldarium and body showers. A mouth-watering lunch in the restaurant is also included and sure to satisfy, along with robe and towels for use on the day.

Enjoy a 40-minute revitalising back treatment, specially designed for men to cleanse the skin and bring relief to tired, aching muscles. This treatment starts with a Devils Mint scrub to the back that will leave your skin feeling fresh and energised before a 'Musclease' mask is applied to soothe away your aches and pains. Whilst you are relaxing, your calves and feet will be massaged to aid relaxation. This treatment is completed with a mini back massage and an application of invigorating Instant Refreshing Gel. Perfect!

For more information or to book your space please contact the reservations team on **01636 525555**.

This package is subject to availability and can be changed or removed without prior notice.