

SMALL BITES & SHARERS

CHUNKY MOZZARELLA FRIES 6.95
With chipotle ketchup.
GO VEGAN swap to cheeze sticks VE

CLASSIC NACHOS NGO
Four-cheese nacho sauce, fresh avocado salsa, tomato
salsa, sour cream, jalapeños, red chilli, coriander.
Small 7.50 | Sharer 15.50

BEEF CHILLI NACHOS NGO
Chilli con carne, four-cheese nacho sauce, fresh
avocado salsa, sour cream, jalapeños, red chilli,
coriander.
Small 8.50 | Sharer 18.95

CRISPY CHICKEN TENDERS 7.50
Smothered in your choice of:
→ Sweet and spicy sauce with kimchi mayo.
→ BBQ sauce with ranch dip.

MAC AND CHEESE BITES 7.95
Loaded with grated parmesan, pickled pink onions,
sweet chilli dip.

POPCORN CHICKEN
Popcorn size pieces of our crispy fried chicken breast,
with garlic mayo.
Small 6.95 | Sharer 19.50

SALT 'N' CHILLI CHICKEN
Crispy seasoned chicken strips, sweet chilli sauce,
sesame seeds.
Small 7.95 | Sharer 20.95

PIZZA FONDUE 10.50
Mozzarella, Monterey Jack and cheddar cheese stuffed
pizza dough, smothered in garlic butter, with a fondue of
melted cheese and pizza sauce.

CHAMPION'S PLATTER 34.95
Sweet and spicy chicken tenders, mini chicken shawarma
kebabs, crispy fried popcorn chicken, mini cheese
burgers, chunky mozzarella fries, classic nachos, chipotle
ketchup, ranch dip.

LOADED FRIES, WRAPS & SALADS

STEAK FRITES 13.95
House fries loaded with strips of fillet steak, fried
onions, garlic mushrooms, cheese sauce, crispy
shallots, peppercorn sauce.

SWEET CHILLI CHICKEN FRIES 11.95
Salt and pepper fries loaded with sticky coated sweet
chilli chicken strips, sesame seeds, spring onion.
GO VEGAN swap to crispy buttermilk Quorn VE

BOX CLUB WRAP NGO 11.95
Chicken, smoked pancetta, Monterey Jack cheese,
sliced tomato, shredded iceberg, mayo, house fries.

STEAK MELT WRAP NGO 13.50
Fillet steak strips, garlic mushrooms, caramelised
red onion, melted cheese, Dijon mayo, shredded
iceberg, house fries.

GYM BOX SALAD VE NGO 10.50
Roast sweet potatoes, avocado, turmeric quinoa,
pickled carrots and red cabbage, beetroot houmous,
tenderstem broccoli, edamame beans, agave and
lime dressing.
ADD halloumi 1.95
ADD Oumph! vegan protein VE 1.95
ADD chicken 1.95

SWEET CHILLI CHICKEN SALAD 12.95
Sticky coated sweet chilli chicken strips, pickled
red cabbage and carrots, avocado, sweet potato,
cucumber, tomato, crisp leaf, sesame seeds, spring
onion, red chilli, kimchi mayo.
GO VEGAN swap to crispy buttermilk Quorn VE



Scan the QR code for more allergen and calorie information.
If you have a food allergy or are sensitive to certain ingredients, please ask a server for assistance.
NGO Non-gluten containing ingredients option available, please ask your server
Vegetarian VE Vegan

Due to the way our food is prepared it is not possible to guarantee the absence of allergens in our meals. Not all allergens are listed on the
menu. We do not include 'may contain' information. Our menu descriptions do not include all ingredients. An optional service charge of 10%
will be added to your bill. All tips and service charge will be shared between the team. All offers can be removed at any time (without notice)
and are not available on a bank holiday or the day before a bank holiday. Timings of our offers may vary per site.

BURGERS

All of our beef burgers are smashed to order, served
in an all butter brioche bun, with house fries
or salt and pepper fries
SWAP house fries for sweet potato fries +1.00
or salt and pepper fries +1.00

ALL-AMERICAN SMASH 15.95
Stacked triple smash burger patties, triple American
cheese, smoked pancetta, diced white onion,
jalapeños, pickles, mayo, French's mustard, ketchup.

BURROW'S BURGER 13.95
Crispy coated chicken breast,
smoked pancetta, BBQ sauce,
mayo, shredded iceberg.
GO VEGAN with crispy buttermilk
Quorn, vegan mayo and vegan bacon
25p from the sale of this burger will be donated
to the Motor Neurone Disease Association.



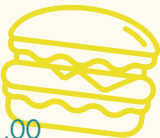
SIGNATURE SEOUL 13.95
Spicy fried chicken burger coated in sticky Korean
gochujang glaze, pickled carrot & red cabbage,
sesame seeds, sriracha mayo, shredded iceberg.
GO VEGAN with crispy buttermilk Quorn VE

BEEF SMASH 9.95
Two smashed burger patties, burger sauce,
shredded iceberg.
GO VEGAN with a plant burger and vegan
mayo

CHICKEN DELUXE 10.95
Crispy fried chicken breast, mayo,
shredded iceberg.
GO VEGAN with crispy buttermilk Quorn
and vegan mayo

MAKE IT YOUR WAY
Customise your burger with any additional
toppings below:

- American cheese +1.00
Triple American cheese +1.50
Pancetta +1.50
Pickles +1.00
Jalapeños +0.75
Caramelised red onion +1.00
Vegan cheese +1.25
Vegan bacon +1.50



KEBABS

Our famous kebabs are made with premium marinated cuts of meat and fresh crisp salad, drizzled with mint yoghurt
and chilli sauce, served in handmade flatbread.
ADD house fries, sweet potato fries or salt and pepper fries +2.50

LAMB KOFTA 12.95
VEGAN KEBAB 12.95
Oumph! vegan protein with soy minted yoghurt.

CHICKEN SHAWARMA 12.95
LAMB KOFTA AND CHICKEN SHAWARMA
MIXED KEBAB 14.50

SIDES

HOUSE FRIES 3.95
SWEET POTATO FRIES 3.95
SALT AND PEPPER FRIES 4.95
ONION RINGS 5.50

TOMATO GARLIC BREAD 7.95
GARLIC BREAD WITH MOZZARELLA
8.50

DESSERTS

COOKIES AND CREAM BROWNIE 6.50
With vanilla ice cream.
DIPPIN' DOUGH 6.50
Warm cinnamon sugar coated doughy cones with
chocolate dipping sauce.

FANCY A
DRINK?
2-4-1 cocktails, sharing steins
and more. See our drinks menu.

PIZZAS

Our Neapolitan style pizzas are handmade
with only the best ingredients and cooked in
90 seconds at 400 degrees.

MARGHERITA 8.95
Tomato, mozzarella.
GO VEGAN with vegan cheese

PEPPERONI 10.95
Tomato, mozzarella, pepperoni.

GOATS CHEESE AND CARAMELISED
ONION 12.95
Tomato, mozzarella, roast garlic mushrooms,
wilted spinach, caramelised red onion, goats
cheese.

N'DUJA AND HOT HONEY 13.95
Tomato, mozzarella, pepperoni, spicy salami,
n'duja, jalapeño, hot honey.

THE PLANT ONE 11.95
Tomato, mozzarella style cheese, vegan n'duja,
roast red and yellow peppers, red onion.
GO VEGGIE with mozzarella

MEAT FEAST 14.95
Tomato, mozzarella, cheddar, Monterey Jack,
pepperoni, meatballs, spicy salami, chicken.

BBQ KOREAN CHICKEN 13.95
Tomato, mozzarella, karaage chicken, Korean
BBQ sauce, spring onions, red chilli, sesame
seeds, coriander.
GO VEGGIE with Quorn pieces

DIPS
FOR YOUR CRUST

£1.50
each or
3 for £3

KIMCHI MAYO
HOT HONEY
N'DUJA MAYO
RANCH
GARLIC MAYO
CHIPOTLE KETCHUP



PLEASE ORDER AT THE
BAR OR SCAN THE QR
CODE ON YOUR TABLE