



Sample summer 2016 menu.

Please check 200degs.com or social media for this week's menu, new menu every Wednesday morning.

Possible allergens in bold text

SANDWICHES

200 Degrees Coffee rubbed Chicken, Sun-dried Tomato Chutney, Goats Cheese, Spinach and Balsamic Pickled Onions on a Malted Ciabatta **(Gluten/Wheat, Sesame, Oats, Dairy, Mustard, Sulphur Dioxide, Yeast, Soya, Barley)**

Milano Salami, Peaches, Fresh Dill, Brie, Smoked Chilli Jelly on a Soft Onion and Nigella Seed Baguette **(Gluten/Wheat, Dairy, Yeast, Soya, Sulphur Dioxide)**

Slow Roasted Turkey, White Wine Asparagus, Ricotta, Rocket and Lemon Chive Dressing on a White Ciabatta **(Gluten/Wheat, Yeast, Soya, Dairy)**

Slow Roast Lamb, Peach and Mint Salsa, Rocket, and Applewood Smoked Cheddar on a Parisian Baguette **(Gluten/Wheat, Yeast, Soya, Dairy)**

Edam, Roasted Aubergine, Watercress, Plum and Ginger Chutney and Spring Onion on a Multigrain Baguette **(Gluten/Wheat, Sesame, Mustard, Dairy, Oats)**

Satay Peanut Hummus, Shaved Carrot, Vine Tomato, Spinach, Spring Onion and Fresh Courgette on a Med Foc **(Nuts (Peanuts), Sesame, Gluten/Wheat, Yeast, Soya)**

SALADS

Watercress, shaved carrot, Fresh Dill, Vine Tomato, and Spring Onion

Rocket, Paprika Marinated Mushrooms and Courgettes with Fresh Chives

Minted Potato salad with Red onion Peaches and Chilli

BREAKFAST

We serve a range of breakfast baguettes, croissants, granola, yoghurt and porridge

PASTRIES, SHORTBREAD, BROWNIES AND CAKES

available all day

